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We all keep things that help us remember big moments in our lives. Use this page to describe your artifact and the moment you want to remember.



## My Artifact of Achievement

Write a paragraph that explains why your artifact is important to you. Use the questions below to guide you. After you've answered the questions, write your paragraph on the bottom of this page.

### GUIDING QUESTIONS

1. When did you receive this artifact? How old were you?
2. What did you do, or what happened that allowed you to get this item?
3. Why is this item important to you?
4. Why did you want to include it in your portfolio?

What kind of work will you enjoy in the future? Discover clues by describing who you are today.



## Autobiography

**My Name:**

**My Grade:**

**My Class #:**



On a perfect Saturday, I would



Compared with other kids my age, I'm really good at



My favorite subject(s) in school are



My favorite magazine, comic book or novel is

because



If I could have any job when I grow up I would become a

because

Another job I might like to try is

because



If I were in charge of the world, the first thing I would do is

because

Here are some more important things about me:

**\*\*Draw a picture of yourself on a separate page. It may not show exactly how you look, but it should include details about the kind of person you are. \*\***

This is a checklist of good study habits. The more "always" answers you have, the better you'll do in school.



## SEVENTH GRADE GOALS

Every month, you will pick **one** habit that you want to improve. For the first month we will be checking in every week. For the rest of the year we will be checking in once a month. If you have a "no," your goal is to make it a "sometimes." If you have a "sometimes," your goal is to make it an "always." Once you've reached one goal, you can move on to another. By the end of the year, you'll be a super student (if you're not already)!

**N= No    S= Sometimes    A= Always**

STUDY HABITS	Today's Date			Check In Date 1			Check In Date 2			Check In Date 3			Check In Date 4			Check In Date 5		
	N	S	A	N	S	A	N	S	A	N	S	A	N	S	A	N	S	A
1. Do I attend school every day?																		
2. Do I arrive at school on time?																		
3. Do I come to class prepared?																		
4. Do I write down homework assignments in the same place, every day?																		
5. Do I stick with a class assignment or task until it is done?																		
6. Do I ask a teacher or another student for help when I don't understand something?																		
7. Do I take part in class discussions or activities?																		
8. Do I complete all class assignments and projects?																		
9. Do I complete all homework assignments and projects?																		
10. Do I always check to see if I have all of my materials before I leave school?																		
11. Do I look at my notes every day in order to review what I have learned?																		
12. Do I have a time and place when I study for each subject?																		
13. Do I know where to go for extra help?																		
14. Do I get the extra help I need?																		

This is a checklist of good study habits. The more "always" answers you have, the better you'll do in school.



## SEVENTH GRADE GOALS

Every month, you will pick one habit that you want to improve by the next check-in date.

**N= No    S= Sometimes    A= Always**

STUDY HABITS	Check In Date 6			Check In Date 7			Check In Date 8			Check In Date 9			Check In Date 10			Check In Date 11		
	_____			_____			_____			_____			_____			_____		
	N	S	A	N	S	A	N	S	A	N	S	A	N	S	A	N	S	A
1. Do I attend school every day?																		
2. Do I arrive at school on time?																		
3. Do I come to class prepared?																		
4. Do I write down homework assignments in the same place, every day?																		
5. Do I stick with a class assignment or task until it is done?																		
6. Do I ask a teacher or another student for help when I don't understand something?																		
7. Do I take part in class discussions or activities?																		
8. Do I complete all class assignments and projects?																		
9. Do I complete all homework assignments and projects?																		
10. Do I always check to see if I have all of my materials before I leave school?																		
11. Do I look at my notes every day in order to review what I have learned?																		
12. Do I have a time and place when I study for each subject?																		
13. Do I know where to go for extra help?																		
14. Do I get the extra help I need?																		



### **Check-In Date 1**

1. Did you succeed in reaching your goal? If yes, explain how you accomplished your goal. If you have not reached your goal yet, explain what challenges you faced.
  
2. If you reached your goal, select a new study habit to work on this upcoming week and record it in the space below.
  
3. If you did not reach your goal, explain how you are going to overcome the challenges you faced this past week.

### **Check-In Date 2**

1. Did you succeed in reaching your goal? If yes, explain how you accomplished your goal. If you have not reached your goal yet, explain what challenges you faced.
  
2. If you reached your goal, select a new study habit to work on this upcoming week and record it in the space below.
  
3. If you did not reach your goal, explain how you are going to overcome the challenges you faced this past week.

### **Check-In Date 3**

1. Did you succeed in reaching your goal? If yes, explain how you accomplished your goal. If you have not reached your goal yet, explain what challenges you faced.
  
2. If you reached your goal, select a new study habit to work on this upcoming week and record it in the space below.
  
3. If you did not reach your goal, explain how you are going to overcome the challenges you faced this past week.

### **Check-In Date 4**

1. Did you succeed in reaching your goal? If yes, explain how you accomplished your goal. If you have not reached your goal yet, explain what challenges you faced.
  
2. If you reached your goal, select a new study habit to work on this upcoming week and record it in the space below.
  
3. If you did not reach your goal, explain how you are going to overcome the challenges you faced this past week.

## Interest Profiler Results

Student Name:

Date Interest Profiler Taken:

There are so many careers to choose from. Keep a list of the ones that interest you.



Take the Interest Profiler. Review your results, and then list your favorite six careers below.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Look through your Interest Profiler results again. Write down any additional careers you'd like to explore, as well as other careers you'd like to investigate that may not have appeared on your Interest Profiler list.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

**My Top Three Career Selections are:**

- 1.
- 2.
- 3.



## Career Review

Name of Career

Name of Presenter

Date:



## Annual Income:

Average Annual Earnings

\$

Average Hourly Earnings

\$



## What They Do

Summary:

## Job Tasks

- 
- 
- 

## Likes and Dislikes

### Likes:

- 
- 

### Dislikes:

- 
- 



## Education

Summary:

Use this page to describe the great and not-so-great things about this job.



## Best and Worst Days

### Career:

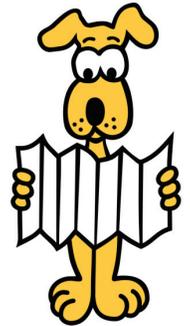
Now, imagine what a VERY BAD DAY on the job would be like—a day when everything goes wrong. Then imagine what a VERY GOOD DAY would be like—a day when you feel happy and satisfied with the work that you do. In the space provided, describe these “best” and “worst” days.

### A VERY BAD Day at this Job

### A VERY GOOD Day at this Job

## PERSONAL REFLECTION

Did you discover the career of your dreams? Use these pages to record your opinions.



### Career:

Think about the information you've researched about this career to answer these questions. Then decide whether or not you feel this job is a good fit for you and write a paragraph to support your opinion.

### What They Do

What responsibilities in the job description would you like?

What responsibilities would you dislike?

### Money and Outlook

How do you feel about the earnings for this job?

### What to Learn

Are you willing to invest time and money in the education you'll need?

### Ask The Experts! Likes and Dislikes

Considering what you know about the experts' likes and dislikes about this career, what do you think that you would like or dislike about this career? Why?

## PERSONAL REFLECTION PARAGRAPH

Career: \_\_\_\_\_



I (circle one)

would

would not

like this career because...

What did you learn from the  
other students' presentations?  
Record your reactions here.



## Career Fair Mini-Reviews

### Review 1:

Career

Presenter

One thing I learned about this career is

I (*circle one*) would might would not like this career because

### Review 2:

Career

Presenter

One thing I learned about this career is

I (*circle one*) would might would not like this career because

### Review 3:

Career

Presenter

One thing I learned about this career is

I (*circle one*) would might would not like this career because

**Question/Answer:**

Below, write a question for one of the presenters, followed by the answer.

Q:

A:

Evaluate your skills  
as a presenter  
and listener.



## Career Fair Self-Evaluation Guide

For each statement check one score. One is lowest and four is highest.  
Then respond to the questions at the bottom.

Criteria	1 Not really	2 Somewhat	3 Good	4 Excellent
<b>PRESENTER:</b>				
I became an expert in my career.				
I presented with confidence.				
I was comfortable speaking to an audience.				
I spoke slowly and clearly during my presentation.				
I was able to answer questions from the audience.				
My presentation materials were informative and easy to read and understand.				
<b>LISTENER:</b>				
I gave the presenters my full attention.				
I got new information about several careers.				
I asked at least one follow-up question.				

What part of your performance are you most proud of and why?

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What is something you would do differently next time? Explain.

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What's most important to you?



## What Matters Most

### Identifying

Write a “V” beside each value that is important to you. Write other things that are important on the lines below:

Spending time with friends

Spending time with family

Practicing my faith/spiritual beliefs

Spending time alone listening to music or reading

Being part of a sports team or youth club

Being loved

Loving someone

Having one good friend

Having lots of friends

Having lots of money

Helping others

Having time to do the things I like

Getting good grades

Other things that are important to me:

### Prioritizing

Look at each thing marked with a “V” above. Write the things that are most important to you on the lines under “Matters the most.” Write the less important things on the lines under “Important, but I could do without it if I had to.”

**Matters the most**

**Important, but I could do without it if I had to**



Use these pages to keep track of the skills you're building.



## Grade 7 Skills Checklist

Check the box that shows your level of skill in each area.

Then answer the questions below.

### SETTING GOALS

I can...

Set a goal for myself and make a plan to reach it.	not at all	somewhat	very well
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### GROW YOUR INTELLIGENCE

I can...

Give evidence that it's possible to improve a skill by practicing.	not at all	somewhat	very well
Describe ways to "grow my intelligence."	not at all	somewhat	very well
Recognize that stereotypes may cause me to limit my own opportunities.	not at all	somewhat	very well

### STUDY SKILLS

I can...

Take notes in my classes.	not at all	somewhat	very well
Keep track of my homework assignments.	not at all	somewhat	very well
Manage my time, make lists and prioritize.	not at all	somewhat	very well
Understand ways to manage stress and use them.	not at all	somewhat	very well
Identify and practice strategies to prepare for tests.	not at all	somewhat	very well

## CAREERS

### I can...

Identify careers that match my interests and skills.	not at all	somewhat	very well
Use research to figure out whether a career is right for me.	not at all	somewhat	very well
Present information clearly.	not at all	somewhat	very well
Ask questions to get more information about a career.	not at all	somewhat	very well
List reasons to continue my education after high school.	not at all	somewhat	very well

## MONEY MATTERS

### I can...

Understand how advertising affects my spending decisions.	not at all	somewhat	very well
Use a spending diary to find ways to cut spending.	not at all	somewhat	very well

## VALUES

### I can...

Identify the values that are important to me.	not at all	somewhat	very well
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1. What was your biggest accomplishment in Roads to Success this year? Explain.
2. Describe one way in which you were a valuable member of this class.
3. Describe one thing you'd like to learn more about or improve next year.